

## NAIROBI CENTRE – NEWSLETTER FEBRUARY 2012

Dates to remember:-

1<sup>st</sup> February 2012 – Wednesday – Prosperity Day Meditation at 6.30 p.m. at the Bhavan.

21<sup>st</sup> February 2012 – Tuesday – The Mother's 134<sup>th</sup> Birth Anniversary Meditation at the Bhavan at 6.30 p.m.

29<sup>th</sup> February 2012 – Wednesday – The Golden Day – Meditation at 6.30 p.m. at the Bhavan.

Every Saturday: 5.15p.m. to 6.30p.m.: Meditation, "SAVITRI" studies, readings from "COLLECTED WORKS OF THE MOTHER – De Luxe Volume 14.

Every Sunday: 11.00a.m. to 12.30p.m.: Readings from "The Synthesis of Yoga"

Shrine: Sri Aurobindo's Shrine at Sri Aurobindo Bhavan is open from 8a.m. to 7p.m. You are welcome. It is a place for silent meditation.

### NEWS

On 19th December 2011 – Seven hundred and fifty booklets in ten titles were presented to Edelvale Homes which is run by Sisters of Our Lady of Charity, where the orphan girls live in family model groups each with a group mother. They are given primary and secondary education and taught professional skills. The officials expressed their gratitude to Sri Aurobindo Society and remarked that the teachings of The Mother and Sri Aurobindo through the booklets will enlighten and inspire the girls.

1<sup>st</sup> January 2012 – Sunday

Members gathered at the Sri Aurobindo Bhavan at 11.00 a.m. to usher the New Year 2012.

The New Year Message and the calendars from the Ashram were presented to members.

### A Polite Request

Dear Friends, though there is no subscription as such for this Newsletter, Shs. 1000/= per year helps to cover postage, printing and other expenses. Contribution by way of cheque may be sent to:-

Sri Aurobindo Society,  
P. O. Box 42099, 00100 GPO NAIROBI

## **The Supramental Manifestation upon Earth**

**29 February 1956**

During the common meditation in the Ashram

This evening the Divine Presence, concrete and material, was there present amongst you. I had a form of living gold, bigger than the universe, and I was facing a huge and massive golden door which separated the world from the Divine.

As I looked at the door, I knew and willed, in a single movement of consciousness, that “the time has come,” and lifting with both hands a mighty golden hammer I struck one blow, one single blow on the door and the door was shattered to pieces.

Then the supramental Light and Force and Consciousness rushed down upon earth in an uninterrupted flow.

**The Mother**

\*

**1956**

**29 February – 29 March**

**Lord, Thou hast willed, and I execute:**

**A new light breaks upon the earth,**

**A new world is born.**

**The things that were promised are fulfilled.**

**The Mother**

\*

Since ages, man has aspired for the descent of heaven on earth but the imperfections and limitations of his human existence are unable to transform the earthly life and bring peace, harmony and love in human relations.

Sri Aurobindo believed that as Nature evolved beyond Matter and manifested Life and beyond Life manifested Mind, so she must evolve beyond Mind and manifest a Truth-Consciousness. To bring it down was the aim of his yoga as he said that Light and bliss and beauty and a perfection of the spontaneous right action of all the being are the native powers of the supramental truth-consciousness and these will in their very nature transform mind and life and body upon earth into a manifestation of the truth-conscious spirit. This Consciousness manifested on earth on 29<sup>th</sup> February 1956.

\*

**24 April 1956**

The manifestation of the Supramental upon earth is no more a promise but a living fact, a reality.

It is at work here, and one day will come when the most blind, the most unconscious, even the most unwilling shall be obliged to recognize it.

**The Mother**

## February 29, 2012 - The Golden Day

*(February 29 of this year is the fourteenth recurrence of the date on which took place the spiritual event for which Sri Aurobindo and the Mother had luminously laboured for decades and for whose swifter advent Sri Aurobindo sacrificed his body in 1950. But, although this event marks a radical turn in world-history, it must take time to be effective and what is established works itself out progressively in the world's life...*

*The spiritual event of February 29, 1956, was termed by The Mother the **Manifestation of the Supermind**. This newsletter contains some of the statements made by The Mother of this event, together with some pointers made from an earlier time which serve as a brief introduction.)*

### 1930

Sri Aurobindo's work is a unique earth-transformation. Above the mind there are several levels of conscious being, among which the really divine world is what Sri Aurobindo has called the Supermind, the world of the Truth. ...It is the direct descent of the Supramental Consciousness and Power that alone can utterly re-create life in terms of the Spirit...

There is not a shadow of doubt as to the issue of the work we have in hand. It is no mere experiment but an inevitable manifestation of the Supramental....

### 1931

By slow degrees the Supramental is exerting its influence; now one part of the being and now another feels the embrace or the touch of its divinity; but when it comes in all its self-existent power, a supreme radical change will seize the whole nature. We are moving nearer and nearer the hour of its complete triumph...

One of the greatest victories...will be the transformation of Matter which is apparently the most undivine...The Supramental body which has to be brought into being here has four main attributes : lightness, adaptability, plasticity and luminosity...

### December, 1950

The funeral of Sri Aurobindo has not taken place today (December 6). His body is charged with such a concentration of supramental light that there is no sign of decomposition and the body will be kept lying on his bed so long as it remains intact.

\*\*\*\*

People do not know what a tremendous sacrifice Sri Aurobindo has made for the world. About a year ago, while I was discussing things, I remarked that I felt like leaving this body of mine. He spoke out in a very firm tone, "No, this can

never be. If necessary for this transformation, I might go, you will have to fulfill our Yoga of supramental descent and transformation."

**1953**

Sri Aurobindo has given his body in an act of supreme unselfishness, renouncing the realisation in his body to hasten the hour of the collective realisation. Surely if the earth were more responsive, this would not have been necessary.

\*\*\*\*

As soon as Sri Aurobindo withdrew from his body, what he had called the Mind of Light got realised here...

The Supermind had descended long ago - very long ago - in the mind and even in the vital : it was working in the physical also but indirectly through these intermediaries. The question now was about the direct action of the Supermind in the physical. Sri Aurobindo said it could be possible only if the physical mind received the supramental light : the physical mind was the instrument for direct action upon the most material. This physical mind receiving the supramental light Sri Aurobindo called the Mind of Light.

**November, 1953**

There are, in the history of the earth, moments of transition when things that have been for thousands of years must give place to things that are about to manifest. A special concentration of the world consciousness, one might almost say, an intensification of its effort, happens at such times, varying according to the kind of progress to be made, the quality of the transformation to be realised. We are precisely at such a turning of the world's history. As Nature has already created upon earth a mental being, even so there is now a concentrated activity to bring forth in this mentality a supramental consciousness and individuality.....

Sri Aurobindo incarnated in a human body the supramental consciousness and has not only revealed to us the nature of the path to follow and the method of following it so as to arrive at the goal, but has also by his own personal realisation given us the example; he has provided us, so to say, with the proof that the thing can be done and the time is now to do it.

**January, 1956**

The greatest victories are the least noisy.

The manifestation of a new world is not proclaimed by beat of drum.

February 1, 1956

...It was precisely the problem that was put before Sri Aurobindo here and before me in France: must one limit his path and reach the goal, then afterwards take up again all the rest and begin the work of integral transformation or must one go progressively, leaving nothing aside, eliminating nothing on the way, taking up all the possibilities at the same time and advancing at all the points at the same time? In other words, must one withdraw from life and action until one has reached the goal - that is to say, become conscious of the Supramental and realise it in oneself - or must one embrace the whole creation and with the whole creation advance progressively towards the Supramental?

It may be conceived that things move by stages: you advance, you take a step forward, then you make all the rest advance as a consequence; then another step, you make the rest advance further and so on.

**That gives the impression that you do not advance. But the whole advances in that way.**

*(All the above excerpts are taken from Mother India of February 21, 1960)*  
.....

***The Mother comes in order to bring down the Supramental and it is the descent which makes her full manifestation here possible***

Sri Aurobindo

\*\*\*\*

**In her deep and great Love for her children she has consented to put on herself the cloak of this obscurity, condescended to bear the attacks and torturing influences of the powers of the Darkness and the Falsehood, borne to pass through the portals of the birth that is a death, taken upon herself the pangs and sorrows and sufferings of the creation, since it seemed that thus alone could it be lifted to the Light and Joy and Truth and eternal Life. This is the great sacrifice of the Purusha, but much more deeply the holocaust of Prakriti, the sacrifice of the Divine Mother.**

\*

**The supramental change is a thing decreed and inevitable in the evolution of the earth-consciousness; for its upward ascent is not ended and mind is not its last summit. But that the change may arrive, take form and endure, there is needed the call from below with a will to recognise and not deny the Light when it comes, and there is needed the sanction of the Supreme from above.**

**The power that mediates between the sanction and the call is the presence and power of the Divine Mother. The Mother's power and not any human endeavour and tapasya can alone rend the lid and tear this covering and shape the vessel and bring down into this world of obscurity and falsehood and death and suffering Truth and Light and Life divine and the immortal's Ananda.**

Sri Aurobindo

(From His writings in "The Mother")