

Newsletter January 2014

Dates to remember:-

1st January 2014 – Wednesday – Meditation at 11.00 a.m. at the Bhavan.

Every Saturday: 5.15p.m. to 6.30p.m.: Meditation, "SAVITRI" studies, readings from "De luxe Volume 16 – COLLECTED WORKS OF THE MOTHER – Centenary edition."

Every Sunday: 11.00a.m. to 12.30p.m.: Readings from "The Synthesis of Yoga".

Shrine: Sri Aurobindo's Shrine at Sri Aurobindo Bhavan is open from 8a.m. to 7p.m. All are welcome. It is a place for silent meditation.

NEWS

Nairobi Centre of Sri Aurobindo Society presented four thousand booklets in ten titles on different subjects, to The Kenya Scouts Association, Africa. The Communications and Corporate Affairs Executive of the organization received the booklets and expressed his gratitude to Sri Aurobindo Society. Their motto being – 'creating a better world'. The booklets will be distributed to the commissioners who in turn will induct the teachings of the booklets to the scouts aged between six years to twenty six years.

On 12th November 2013, Sri Aurobindo Society, Nairobi Centre presented 4000 booklets in 10 titles to the Public Relations Officer and to the Board Executive Member of The Kenya Girl Guides Association, at Sri Aurobindo Bhavan, Nairobi. The booklets will be distributed in the counties of the organization and few will be kept in their main library.

Nairobi Centre of Sri Aurobindo Society observed 24th November 2013, Siddhi Day – Darshan Day at Sri Aurobindo Bhavan, Nairobi. The Mother's Prayer and the Darshan Message from the Ashram were read out followed by half an hour meditation accompanied on Sunilda's music. Copies of the Darshan message were distributed along with the Prasad.

A Polite Request

Dear Friends, though there is no subscription as such for this Newsletter, Shs. 1000/= per year helps to cover postage, printing and other expenses. Contribution by way of cheque may be sent to:-

Sri Aurobindo Society,
P. O. Box 42099, 00100 GPO NAIROBI

The following New Year Prayer is taken from the book – Prayers and Meditations. The prayer was written by The Mother on January 1, 1914.

To Thee, supreme Dispenser of all boons, to Thee who givest life its justification, by making it pure, beautiful and good, to Thee, Master of our destinies and goal of all our aspirations, was consecrated the first minute of this new year.

May it be completely glorified by this consecration; may those who hope for Thee, seek Thee in the right path; may those who seek Thee find Thee, and those who suffer, not knowing where the remedy lies, feel Thy life gradually piercing the hard crust of their obscure consciousness.

I bow down in deep devotion and in boundless gratitude before Thy beneficent splendour; in the name of the earth I give Thee thanks for manifesting Thyself; in its name I implore Thee to manifest Thyself ever more fully, in an uninterrupted growth of Light and Love.

Be the sovereign Master of our thoughts, our feelings, our actions.

Thou are our reality, the only Reality.

Without Thee all is falsehood and illusion, all is dismal obscurity.

In Thee are life and light and joy.

In Thee is supreme Peace.

Each year from 1933 to 1973, the Mother gave a message on New Year's Day - a thought, a prayer, an aspiration to serve as a guide for the whole year. Following are some of those messages which can guide us.

1933

Let the birth of the New Year be the new birth of our consciousness!
Leaving the past far behind us let us run towards a luminous future.

1936

O Lord! grant that this year may be the year of Thy Victory. We
aspire for a perfect faithfulness which would make us worthy of it.

1939

O Lord, all those who take part in the Divine Work implore Thee, that
by a supreme purification they may be liberated from the
domination of the ego.

1941

The world is fighting for its spiritual life menaced by the rush of hostile
and undivine forces.

Lord, we aspire to be Thy valiant warriors so that Thy glory may
manifest upon the earth.

1944

O Lord, the world implores Thee to prevent it from falling back
always into the same stupidities.

Grant that the mistakes recognised may never be renewed.

Grant lastly that its actions may be the exact and sincere expression
of its proclaimed ideals.

1945

The earth will enjoy a lasting and living peace only when men understand that they must be truthful in their international dealings.

O Lord, it is for this perfect truthfulness that we aspire.

1960

To know is good,
to live is better,
to be, that is perfect.

On New Year's Day, from 1985, the Ashram distributes messages selected from the writings of the Mother and Sri Aurobindo, following are some of them:

1987

The closer you come to the Divine, the more you live under a shower of overwhelming evidence of His immeasurable Grace.

1989

I am the shakti of Sri Aurobindo alone, and the Mother of all my children.

My children are all equally part of my consciousness and of my being. When transformed and realised, all will have an equal right to manifest each one an aspect of myself and Sri Aurobindo.

It is the unity of all in the solidarity of a common manifestation that will allow the creation of the new and divine world upon the Earth. Each will bring his part, but no part will be complete except as a power in the solidarity of the whole.

1990

In the night as in the day be always with me.

In sleep as in waking let me feel in me always the reality of your
presence.

Let it sustain and make to grow in me Truth, consciousness and bliss
constantly and at all times.

Sri Aurobindo

1992

The grace and the help are always there for all who aspire for them
and their power is limitless when received with faith and
confidence.

1993

Lord, grant that everything in us maybe ready for Thy Realisation.
On the threshold of the New Year we bow down to Thee, O Lord,
Supreme Realiser.

1994

mothersriaurobindo is my refuge.

1996

Lord, Supreme Truth, we aspire to know Thee and to serve Thee.
Help us to become children worthy of Thee. And for this, make us
conscious of Thy constant gifts so that gratitude may fill our hearts
and govern our lives.

1997

It is the Divine Presence which gives value to life. This Presence is the source of all peace, all joy, all security. Find this Presence in yourself and all your difficulties will disappear.

1998

We surrender to Thee this evening all that is artificial and false, all that pretends and imitates. Let it disappear with the year that is at end. May only what is perfectly true, sincere, straight and pure subsist in the year that is beginning.

1999

The Two who are one are the secret of all power,
The Two who are one are the might and right in things.

Sri Aurobindo (Savitri)

2000

O divine Master, let Thy light fall into this chaos and bring forth from it a new world. Accomplish what is now in preparation and create a new humanity which may be the perfect expression of Thy new and sublime Law.

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Sri Aurobindo's Gayatri Mantra

Let us meditate on the most auspicious (best) form of Savitri, on the Light of the Supreme which shall illumine us with the Truth.

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