

NAIROBI CENTRE – NEWSLETTER NOVEMBER 2011

Dates to remember:

1st November 2011 – Tuesday – Prosperity Day – Meditation at 6.30 p.m.

17th November 2011 – Thursday – The Mother's withdrawal from the physical body – meditation at the Bhavan at 6.30 p.m.

20th November 2011 – Sunday – The Mother's Samadhi Day – Meditation at 11.00 a.m.

24th November 2011 – Thursday – Day of Realisation – Darshan Day – Meditation at 6.30 p.m.

Every Saturday: 5.15 p.m. to 6.30 p.m.: Meditation, "SAVITRI" studies, readings from "COLLECTED WORKS OF THE MOTHER – De Luxe Volume 14.

Every Sunday: 11.00a.m. to 12.30p.m.: Readings from "The Synthesis of Yoga"

Shrine: Sri Aurobindo's Shrine at Sri Aurobindo Bhavan is open from 8 a.m. to 7 p.m. You are welcome. It is a place for silent meditation.

NEWS

On 13th September 2011, Nairobi Centre presented one hundred and fifty booklets in three titles: Inner Peace, Faith in the Divine and Significance of Meditation to Faraja Cancer Centre, Nairobi, which provides a holistic approach to the treatment in cancer patients. These booklets will be kept in the outpatient clinic and also shared by the staff of the Faraja's Centre.

On 29th September 2011, the Senior Chaplain Reverend Kilungo of Kenya Administration Police Service together with his assistants visited Sri Aurobindo Bhavan, Nairobi to receive three thousand booklets in ten titles. The secretary of Nairobi Centre gave them a brief introduction regarding the aims and objectives of the Sri Aurobindo Society and highlighted them about the topics and contents of the booklets which serve in character building of an Individual. The booklets will be distributed to the staff of the main police stations in Nairobi.

The Administration and Human Resources Manager of the Community Centre of Presbyterian Church East Africa visited Sri Aurobindo Bhavan on 10th October 2011. The centre focuses mainly on refugee children and women development from Somalia, Sudan, Ethiopia and other parts of Africa. The centre holistic development approach revolves around education and learning, vocational trainings, community development and enterprise development (for example - Pottery making, Computer learning etc.). Nairobi Centre of Sri Aurobindo Society presented the Community Centre with two thousand booklets in ten titles which will help in this holistic development of the refugee children and women.

WORDS OF THE MOTHER

THE DIVINE IS WITH YOU

Never forget that you are not alone. The Divine is with you helping and guiding you. He is the companion who never fails, the friend whose love comforts and strengthens. The more you feel lonely, the more you are ready to perceive His luminous Presence. Have faith and He will do everything for you.

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It is in the Divine that we shall always find all that we need.

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Alone the Divine can give us a perfect safety.

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Whatever you do, always remember the Divine.

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The Divine manifests upon earth whenever and wherever it is possible.

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In each heart, the Divine Presence is the promise of future and possible perfections.

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It is only in the Divine that we can find perfect peace and total satisfaction.

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Behind the surface of things there is a sea of perfect consciousness in which we can always dip.

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There is a consciousness that nothing can debase or tarnish or defile; it is the one that we call the Divine Consciousness.

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The Divine Consciousness must be our only guide.

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The Divine Consciousness is the only true help, the only true happiness.

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The Lord has said, "The time has come" and all the obstacles will be overcome.

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The Divine is the savour of all life and the reason of all activity, the goal of our thoughts.

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The Divine's Presence is for us an absolute, immutable, invariable fact.

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In the Divine, by the Divine all is transfigured and glorified; in the Divine is found the key of all mysteries and all powers.

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In all there lacks the unchanging peace of the Divine's sovereign contemplation, and the calm vision of the Divine's immutable eternity.

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In the Divine's light we shall see, in the Divine's knowledge we shall know, in the Divine's will we shall realize.

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Outside the Divine all is falsehood and illusion, all is mournful obscurity. In the Divine is life, light and joy. In the Divine is the sovereign peace.

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All our strength is with the Divine. With Him we can surmount all the obstacles.

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The Divine's voice is heard as a melodious chant in the stillness of the night.

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The Divine's triumph is so perfect that every obstacle, every ill-will, every hatred rising against Him is a promise of a vaster and still completer victory.

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For the plenitude of His light we invoke the Divine to awaken in us the power to express Him.

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The Divine's words comfort and bless, soothe and illumine, and the Divine's generous hand lifts a fold of the veil which hides the infinite knowledge.

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How calm, noble and pure is the splendour of the Divine's contemplation.

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To live in the Divine with a life quite new, a life solely made of the Divine, of which the Divine should be the sovereign Lord – and so all troubles will be transformed into serenity, all anguish into peace.

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We feel the Divine so living in us that we await events with serenity, knowing that His way is everywhere since we carry it in our being.

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The Divine's Presence gives us peace in strength, serenity in action and an unchanging happiness in the midst of all circumstances.

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The Divine is the sure friend who never fails, the Power, the Support, the Guide. The Divine is the Light which scatters darkness, the conqueror who assures the victory.

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The Divine alone is the support that never fails.

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The only response that never fails is the Divine's.
The only love that never fails is the Divine's.
Love the Divine alone and the Divine will always be with you.

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*The opinion of the Supreme Lord alone has importance.
The Supreme Lord alone deserves all our love and He returns it to us a hundredfold.*

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Take the Divine alone into your soul's confidence.

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Think of the Divine alone and the Divine will be with you.

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A single occupation, a single aim, a single joy – the Divine.

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*Concentration upon oneself means decay and death.
Concentration on the Divine alone brings life and growth and realization.*

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Without the Divine life is a painful illusion, with the Divine all is bliss.

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The ideal attitude is to belong only to the Divine, to work only for the Divine and above all to expect only from the Divine strength, peace and satisfaction. The Divine is all-merciful and give us all that we need to lead us as quickly as possible to the goal.

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It is the Divine Presence that gives value to life. This Presence is the source of all peace, all joy, all security. Find this Presence in yourself and all your difficulties will disappear.

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*Day and night constantly the Presence is there.
It is enough to turn silently inward and we detect it.*

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Remember always the Divine and all you do will be an expression of the Divine Presence.

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In activity and in silence, in taking and giving, always the glad remembrance of Thee.

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All our thoughts, all our sentiments will move towards the Divine as a river towards the sea.

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Let all thoughts, all feelings, all actions, all hopes be turned towards the Divine and concentrated on Him. He is our only help and our only safety.

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Yes, my child, it is quite true that the Divine is the sole refuge – with Him is absolute safety.

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*(The above brief written statements by The Mother are from the Collected Works of The Mother – Volume 14, Words of The Mother, Part One, “**Man’s Relationship with The Divine**”)*