

## NAIROBI CENTRE – NEWSLETTER OCTOBER 2011

Dates to remember:

1<sup>st</sup> October 2011 – Saturday – Prosperity Day – Programme as usual.

Every Saturday: 5.15 p.m. to 6.30 p.m.: Meditation, "SAVITRI" studies, readings from "COLLECTED WORKS OF THE MOTHER – De Luxe Volume 14.

Every Sunday: 11.00a.m. to 12.30p.m.: Readings from "The Synthesis of Yoga"

Shrine: Sri Aurobindo's Shrine at Sri Aurobindo Bhavan is open from 8 a.m. to 7 p.m. You are welcome. It is a place for silent meditation.

### NEWS

On 26th August 2011, Nairobi Centre presented 3000 booklets in ten titles to SOS Children's Villages, Nairobi. The Village Director, Mr. Wabara received the booklets on behalf of the Villages, the booklets will also be distributed in Mombasa centre of the Villages.

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From Prayers and Meditations  
October 25, 1914

My aspiration to Thee, O Lord, has taken the form of a beautiful rose, harmonious, full in bloom, rich in fragrance. I stretch it out to Thee with both arms in a gesture of offering and I ask of Thee: If my understanding is limited, widen it; if my knowledge is obscure, enlighten it; if my heart is empty of ardour, set it aflame; if my love is insignificant, make it intense; if my feelings are ignorant and egoistic, give them the full consciousness in the Truth. And the "I" which demands this of Thee, O Lord, is not a little personality lost amidst thousands of others. It is the whole earth that aspires to Thee in a movement full of fervour.

In the perfect silence of my contemplation all widens to infinity, and in the perfect peace of that silence Thou appearest in the resplendent glory of Thy Light.

The Mother

All the following written statements of The Mother are taken from Collected Works of The Mother, Volume 14, **Words of The Mother – 2**. The statements are compiled from the Mother's notes, messages and correspondence with disciples.

*“Do not take my words for a teaching. Always they are a force in action, uttered with a definite purpose, and they lose their true power when separated from that purpose.”*

**THE MOTHER**

### Man's Relationship with the Divine

#### **The True Aim of Life**

##### **Why are we on earth?**

To find the Divine who is in each of us and in all things.

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Only one thing is important, it is to find the Divine.

For each one and for the whole world anything becomes useful if it helps to find the Divine.

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Life is meant for seeking the Divine, Life is realized when finding the Divine.

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Let this be our need in life, to realize the Divine.

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Yes, to live in the consciousness of the Divine Presence is the only thing that matters.

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To want only what the Divine wants in us and for us, is the one important thing.

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The individual self and the universal self are one; in every world, in every being, in each thing, in every atom is the Divine Presence, and man's mission is to manifest it.

We are upon earth to manifest the Divine's will.

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The only important thing is the goal to be attained. The way matters little, and often it is better not to know it in advance.

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Whatever we do, we must always remember our aim.

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The aim of our life on earth is to become conscious of the Divine.

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The true purpose of life –

To live for the Divine, or to live for the Truth, or at least to live for one's soul.

And the true sincerity –

To live for the Divine without expecting any benefit from Him in return.

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### **What is my true destiny?**

The true destiny is to reach the Divine Consciousness.

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### **What is my true worth in this life?**

To serve the Divine.

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The only thing worth living for is to serve the Divine.

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Conversion of the aim of life from the ego to the Divine: instead of seeking one's own satisfaction, to have the service of the Divine as the aim of life.

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What you must know is exactly the thing you want to do in life. The time needed to learn it does not matter at all. For those who wish to live according to Truth, there is always something to learn and some progress to make.

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The true aim of life is to find the Divine's Presence deep inside oneself and to surrender to It so that It takes the lead of the life, all the feelings and all the actions of the body.

This gives a true and luminous aim to existence.

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Life has a purpose.

This purpose is to find and to serve the Divine.

The divine is not far, He is in ourselves, deep inside and above the feelings and the thoughts. With the Divine is peace and certitude and even the solution of all difficulties.

Hand over your problems to the Divine and He will pull you out of all difficulties.

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**“There is a purpose in life – and it is the only true and lasting one – The Divine. Turn to Him and the emptiness will go.”**

**Blessings.**

**The Mother**

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You are here to contact your soul, and that is why you live. Aspire persistently and try to silence your mind. The aspiration must come from the heart.

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To be and to become more and more what the Divine wants us to be should be our greatest preoccupation.

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Consider the Divine Life as the most important thing to obtain.

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Happiness is not the aim of life.

The aim of ordinary life is to carry out one's duty, the aim of spiritual life is to realize the Divine.

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In the world, as it is, the goal of life is not to secure personal happiness, but to awaken the individual progressively towards the truth-consciousness.

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It is not in order to be happy that we are upon earth, for in the present conditions of terrestrial life happiness is an impossibility. We are upon earth to find and realize the Divine, for the Divine Consciousness alone can get true happiness.

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Do not live to be happy, live to serve the Divine and the joy that you will experience will be beyond all expectations.

The life of man is unfulfilled unless he has found the Divine.

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The Divine is everywhere and in everything; and we are created to discover the Divine and to unite with the Divine for his manifestation.

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Man was created to express the Divine. His duty is therefore to become conscious of the Divine and to surrender himself entirely to His Will. All the rest, whatever the appearance, is falsehood and ignorance.

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We seek not our personal salvation but the absolute surrender of our being to the Divine.

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Concentration on the Divine is the only truly valid thing. To do what the Divine wants us to do is the only thing valid.

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What is lasting, eternal, immortal and infinite, that indeed is worth having, worth conquering, worth possessing. It is the divine Light, divine Love, divine Life – it is also Supreme Peace, Perfect Joy, and All-Mastery upon earth with the Complete Manifestation as the crowning.

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**It is the Divine Presence that gives value to life.  
This Presence is the source of all peace, all joy, all  
security. Find this Presence in yourself and all  
your difficulties will disappear.**

THE MOTHER